



September 2010

Dear Parent or Guardian,

Welcome to the 2010/2011 season at Kinsale RFC. We can't believe another year has passed. After another hugely successful Kinsale Sevens, a few weeks rest and now the new Rugby Season beckons! Sincere thanks to all of you who helped out at the Sevens – the money raised will go towards running the senior Club and Underage sections for the coming year, and to maintain and improve our top class playing facility and clubhouse.

This year, the whole club is focused upon ensuring all players and members pay their membership fee. The underage subscription provides great value, remaining unchanged for the last 4 years at **€25 per player**, with a reduction for siblings at €40 for two and €60 for three players from the same family. Family membership remains at €100 and will entitle parents to request tickets from the club's allocation. Please note that unregistered players cannot participate in any rugby activity and this will be strictly enforced.

IRFU Youth league and cup competitions are at Under 13, Under 15, Under 17 and Under 19. Mini rugby starts at Under 8 and we now run squads at each year group up to Under 12, with the competitive element for Minis provided by blitzes (short matches all played on one day between multiple clubs) and friendly inter-club match days. We accept young players from 6yrs old and up. The age of eligibility to play in any particular age group is a child's age on 1st January 2011. For example, to be eligible to play U15 rugby this season a child must be under 15 on 1st January 2011.

Under 8 Rugby: Parents of U8 players are strongly encouraged to accompany their children during training and blitzes to provide them with additional support.

Training and Match Times: Mini Rugby training will now start at 10.00am each Saturday, to allow time for Youth matches later in the morning. Mini Rugby blitzes will take place periodically starting at 9.45 am and will replace training for those age groups involved, start times for away blitzes may be earlier. U13 and U15 teams may also train on Saturdays starting at 9.45am when no match is arranged. Coaches will advise parents of match times by text message, email or the KRFC website at www.kinsalerfc.com – please ensure you provide valid numbers and addresses on your application form.

Evening Training (under lights on pitch2/3), subject to change by coach

Under 10 – Wednesdays 6pm to 7pm

Under 12 – Tuesdays 6pm to 7pm

Under 13 – Wednesday 6pm to 7pm

Under 15 – Thursday 6pm – 7.30pm

Under 19 – Tuesday and Thursday 7pm to 8.30pm

Kit required: Players provide their own training kit. Rugby boots, t-shirts, shorts or training pants. On cold days please ensure players have warm tops – training may not be all action! All gear, including club jerseys, is available from the Kinsale Sports Shop. Gum shields are mandatory per the IRFU, players cannot train or play without them. Match Jerseys are provided by the Club for the Youth squads and are retained by the Club for matches. Mini players are expected to supply their own jerseys for matches, but we always hold a few spares in case players do not have a jersey with them.

Finally, why not join us at our Underage Open day at the Club on Saturday 18th September from 10.00am onwards where we will be running some exhibition matches and will be on hand to answer any questions you may have. The clubhouse will be open serving teas, coffee and snacks.

Sincerely,

Kinsale RFC Underage Committee.